

Laurie Bernstein, MS RD FAND

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Laurie E. Bernstein, MS, RD, FAND, is a Professor Emerita in the Department of Pediatrics, and past Director of the IMD Nutrition Clinic, Section of Clinical Genetics and Metabolism at the University of Colorado School of Medicine, Denver, and Children's Hospital Colorado in Aurora, Colorado. A Fellow of The Academy of Nutrition and Dietetics, Prof. Bernstein is also a five-time recipient of the ADA's Creative Nutrition Education Award (1997, 2001, 2005, 2008, and 2013) for her extensive contributions. She was presented the Children's Choice Award for Innovation in 2000, and the Health and Science Communication Association's Silver Award in 2004. In 2024 she was awarded the Phyllis Acosta Lifetime Achievement award by Genetic Metabolic Dietitians International. (GMDI). Prof. Bernstein also has a patent for low-protein bacon.

She is a co-founder of Metabolic University, a training forum for registered dietitians, nurses, genetic counselors, and medical doctors and a founding member of GMDI. She is the co-author of Nutrition Management of Inherited Metabolic Diseases, Penny the Penguin Has PKU (English, Spanish and Norwegian), Setting Up Your Low Protein Kitchen, Max the Monkey has MCADD, Stepping Up Your Protein Intake and many educational modules for families with inborn errors of metabolism. She is a co-editor and author of the textbook Nutrition Management of Inherited Metabolic Diseases: Lessons from Metabolic University.

Fran Rohr, MS RD LDN

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Fran Rohr, MS, RD, LDN, is a partner with Met Ed Co, a non-profit organization dedicated to education of metabolic dietitians. Formerly, she was a clinical nutritionist at Boston Children's Hospital, where she worked with patients with inherited metabolic disorders for 38 years. Fran is a Founder and a Past President of Genetic Metabolic Dietitians International (GMDI). She is Co-principal Investigator of the GMDI Nutrition Guideline Development Project at Emory University. She has been involved in several research studies on phenylketonuria (PKU) and maternal PKU.